



# August 2015

## Veritas Academy

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4	5	6	7
10	11	12	13	14
<b>17</b> Hot Dogs 1 ea Baked Beans Frozen Water Mellon cup Green Beans	<b>18</b> Stuffed Pizza 1 ea Salad ¾ c Carrots ½ c Pineapple ½ c	<b>19</b> Ham and Cheese. On pretzel Bread 1 ea Cauliflower ½ c Cucumbers ½ c Mixed Fruit 1/2c	<b>20</b> Chicken Smackers 10 ea Mashed Potatoes ½ c Corn ½ c Gravy 1oz Strawberries ½ c	<b>21</b> Cheese Quesadilla 1 ea Black Bean and Corn Salsa 1/2c Tostitos 1 ea Veggie Juice 1ea Oranges ½ c
<b>24</b> Cheeseburger 1 ea Sweet Potato Rounds ¾ c Malibu Blend ½ c Applesauce ½ c	<b>25</b> Pizza 1 ea Key West Blend ½ c Spinach Salad 3/4 c Peaches ½ c	<b>26</b> General Tso 2 oz Rice ½ c Broccoli ½ c Pineapple ½ c	<b>27</b> Mini corn Dogs 6 ea Carrots ¾ c Green peppers ½ c Watermelon ½ c	<b>28</b> Fish Sandwich 1 ea Green Beans ½ c Celery and peanut butter ½ c Apple slices
<b>31</b> Chicken Patty Sandwich 1 ea Carrots ¾ c Mixed Vegetables ½ c Pears ½ c				

**News**  
**USDA is an Equal Opportunity provider and employer**

**\* Fat free White or chocolate milk is offered daily with the lunch**

**\*\* Menu subject to change**

17	18	19	20	21
24	25	26	27	28
31				

